

Brick Bodies Reisterstown Winter 2010 Jan4-Apr4

Studio 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
6:00 AM	April		April		April	8:00 AM	Teresa	
8:30 AM			Ann Marie		Ann Marie	8:30 AM		Larissa
9:00 AM	Pam					9:00 AM	Melissa D Jacob	
9:30 AM		Kerri	Fat Burner + Jen S	Building Brick Bodies Jen S	Step 'N Sculpt Andrea	9:30 AM		April
10:30 AM	Andrea	Phil	Melissa B		Andrea	10:00 AM	Steph	
4:30 PM	Allison	Step on Up Allison	Allison	Melissa D		10:30 AM		Becky
5:30 PM	Allison	Steph	Angie	Jacob		11:00 AM	Melissa B	
6:30 PM	Zumba Sam	Jen D	Becky	Zumba Sam				
7:30 PM	Jacob	Teresa	Kim					

Studio 2

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
5:45 AM		*Intense* 60 minutes April		*Intense* 60 minutes April		7:15 AM	Candice	
8:30 AM		Brick Biking Kerri		Brick Biking Re	Brick Biking Janine	8:30 AM		Steph
9:30 AM	Brick Biking Andrea		Ann Marie			9:30 AM	*Intense* 60 minutes April	
6:00 PM		Candice			April			
6:30 PM			Kim	Brick Biking Janine				
7:00 PM	Teresa							

Pool/Studio 3

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
9:00 AM	Aqua Sculpt Joan	H2 Run Kimberlee	Aqua Sculpt Anne	H2 Run Kimberlee	Aqua Sculpt Anne	8:45 AM	Aqua Sculpt Lois	
9:30 AM				Re		9:00 AM		Aqua Sculpt Peggy Loretta
9:45 AM		Extreme Kickboxing Christopher				10:30 AM		Melissa B
10:30 AM		Water Works Arthritis Lois	Water Works Arthritis Anne	Water Works Arthritis Kimberlee	Water Works Arthritis Anne			
6:00 PM	Aqua Sculpt Lois		Aqua Sculpt Lois					
6:30 PM		Aqua Sculpt Loretta		Aqua Sculpt				
7:00 PM		Yoga Nancy		Yoga Tanya				