

Please answer the following questions:

1. Is your child toilet trained? _____

2. Does your child have any allergies, special dietary requirements, physical disabilities or is your child currently taking any medications?

3. Is your child free from communicable diseases?

4. Has he/she had all proper immunizations appropriate to his/her age?

Please mention other information which would be helpful concerning your child (health history, play habits, likes, dislikes, fears, etc)

Waiver of Liability: I hereby release Brick Bodies/Lynne Brick's together with its operators, agents, employees, consultants, and instructors from any and all claims from injury or damage that may be sustained by my child from use of the premises or equipment.

Signature of Parent: _____

Date: _____

Print Parent's Full Name: _____

Date: _____

About Brick Bodies/Lynne Brick's

Brick Bodies/Lynne Brick's is a chain of coed and women-only health clubs in the Baltimore region serving the health and fitness needs of the community. The coed clubs do business under the Brick Bodies name and the women only clubs operate as Lynne Brick's Women's Health and Fitness.

While the Brick Bodies coed clubs offer a comfortable environment where everyone is made to feel welcome, the Lynne Brick's clubs offer a special experience available in a women-only environment.

Two concepts, same great service. Brick Bodies and Lynne Brick's. Choose the one that's best for you!



"Our membership to Brick Bodies has greatly enhanced our lifestyles!"

Jeremy & Kelly Lippenholz with children Tucker & Brayden

Brick Bodies members since 2004

♥ GET AWAY FROM IT ALL... ♥
WITH LITTLE BRICKS DATE NIGHT

Each Little Bricks offers at least one Friday night per month where you can bring your children to the Little Bricks playroom and leave the club to enjoy an evening out on the town. Hours and prices vary per location. Check with your club's Little Bricks for the specific details.

Welcome to Little Bricks



Brick Bodies Health Clubs



"Build your body with Brick"

BrickBodies.com

Welcome to Little Bricks. We provide a safe and nurturing environment.

Child care fees are the following:

Members who include Little Bricks care in their
bi-weekly billing:

\$10 bi-weekly for the 1st child
\$5 bi-weekly for each additional child

Members may pay the daily visit drop-in fee of \$5 per
child for each child who is not on billing.

Little Bricks hours vary per location –
please visit Brickbodies.com for your club's hours.

Policies

1. Please evaluate your child's health before bringing him/her to the club. Children with a contagious condition will not be admitted.
2. Please remember to sign your child in and out each time you visit. You will also be asked to check your child in /out with your membership card.
3. The time limit for children is 2 hours, once a day. Children under 12 months of age are required to have a reservation at all times.
4. Please avoid bringing toys from home, except for 'special toys' used for comfort. We are not responsible for personal items brought into Little Bricks.
5. Each child must have a "Nursery Admission" form on file (attached).
6. All children must stay in the Little Bricks room until a parent can pick them up. Children will not be let out of the room with anyone other than a parent. Children are not permitted in the locker rooms at any time.
7. A parent or legal guardian must be in the building at all times – No Exceptions!
8. You may bring a snack and drink for your child. Due to severe allergies, nut products are NOT permitted.
9. We do not change dirty diapers. If it is necessary, a diaper changer is located in each Little Bricks playroom for the parents to change diapers.
10. Please ask a Little Bricks Associate for our Disciplinary Code of Conduct.

**Take a break! Enjoy your workout –
we'll take great care of your children!**

Snack Policies

It is of growing concern for safety and cleanliness that we must limit the snacks of our Little Bricks children.

Our Snack Policy is as follows:

1. Please limit your children's snacks to the following items:
Goldfish crackers, Cheerios, Fruit Snacks or appropriate sliced fruit to avoid choking hazard
2. All juice beverages must be in a sealed, non-spillable container and should be labeled with your children's names.
3. Children are required to sit at the snack table while eating to prevent choking hazards and unnecessary food and drink spills.
4. In the case of infants, our associates may feed your child a bottle, but they are not permitted to spoon feed any child. If your child needs a meal, please provide such before your work out.
5. We do NOT permit nut products of any type.

As a health club, we should all try to encourage healthy eating which begins at a young age.

10 symptoms your child should stay at home...

1. Colds
2. Coughs
3. Ear Infections
4. Sore Throat
5. Fever
6. Vomiting and Diarrhea
7. Pinkeye
8. Head Lice and Nits
9. Chicken Pox
10. Rashes



***If your child is too sick to attend school they may NOT
attend Little Bricks.***

Children should be fever free, *without medications*, for
24 hours before returning to the gym.



Little Bricks Admission Form

Child's Name: _____

Child's Date of Birth: (mm/dd/yyyy) _____

Address: _____

Home Phone: _____

Mother's Name: _____

Mother's Cell Phone: _____

Father's Name: _____

Father's Cell Phone: _____

Physician's Name: _____

Physician's Phone: _____

Hospital Preference: _____

Hospital Phone: _____

I understand that I will be notified if my child is hurt, since I will be in the building. However, if neither parent can be reached in case _____ is injured or becomes ill, I authorize emergency medical care and give permission to call the physician named above on my behalf.

Signature of Parent: _____